

**Join us for the 2018
Citizens' Fire
Academy**

Learn what it takes to work as a fire-fighter through classroom and hands-on learning. As a CFA participant you will experience real fire department training with South Metro & Inver Grove Heights Fire Department staff.

Participants will get a taste of fire department life and learn life-safety skills to help in the protection of their families and their community.



Inver Grove Heights Fire Department

8150 Barbara Ave
Inver Grove Heights, MN 55077
Phone: 651-455-5082
www.invergroveheights.org



Fire Station No. 1

7015 Clayton Avenue E.
Inver Grove Heights, MN 55076
Phone: 651-455-6103

Fire Station No. 3

2059 Upper 55th Street E.
Inver Grove Heights, MN 55077
Phone: 651-451-1146

South Metro /
Inver Grove Heights
Fire Department

**Citizens'
Fire
Academy**

2018



**Date: Wednesday
evenings, September
and October
Time: 6:30-9:30pm**

The Firefighter Experience

It is our desire to increase awareness about our fire departments with our local residents, so that these residents will become well-informed citizens who can become more involved with the long-term safety of our communities. We will demonstrate the day to day operations of the fire department through a mixture of classroom and hands-on learning. We are committed to the communities we serve and we are determined to be at the forefront of fire and injury prevention and rescue.

The Academy involves sessions of three hours a week for eight weeks; topics will include day-to-day operations, fire safety & prevention, Emergency Medical Services, Special Rescue, and others that are important to public safe-



About the Academy

The Citizens' Fire Academy consists of approximately eight, three hour sessions and meets once a week. Each week participants will learn about a different facet of the services provided by the South Metro and Inver Grove Heights Fire Departments. Each session will include classroom learning taught by qualified fire service instructors and supervised hands-on learning to put new knowledge to practice.



Eligibility

The SMFD/IGHFD Citizens' Fire Academy is open on an application/selection basis to people of age 18 or older who live or work in the cities of Inver Grove Heights, South St Paul, and West St Paul. Class sizes will be limited, so submit your application early!

Take-Home Skills

Participants will learn valuable take-home safety skills that they can use in their every day life; from home fire safety to being safer drivers to CPR.

Past Participants Say:

"Everyone in town should experience this!"

"I thought I knew a lot about the fire department but I had no idea you did all that..."

"The hands-on activities really helped me to understand just what you go through every day."

"You couldn't buy an experience like that anywhere!"



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